



This worksheet is designed to provide key information that you need to make an informed decision about clinical trial participation. Prepared for NAAF by Danielle Quarles.

I am interested in learning more about clinical trials. What questions should I ask my doctor?

Question	Notes
<input type="checkbox"/> What is the purpose of the trial?	
<input type="checkbox"/> What kind of treatments and tests are involved in the trial?	
<input type="checkbox"/> Have similar studies already been done and what were the results?	
<input type="checkbox"/> What are the possible risks or side effects of this treatment?	
<input type="checkbox"/> How will my medical information and privacy be protected?	
<input type="checkbox"/> How long will the trial last?	

Question	Notes
<input type="checkbox"/> How will the trial affect my daily life? How often will I need to come to the clinic?	
<input type="checkbox"/> Is there a chance I will receive placebo, and if so, will the new treatment be given should it prove to be better than current treatments?	
<input type="checkbox"/> If I benefit from this therapy, will I be allowed to continue receiving it after the trial ends?	
<input type="checkbox"/> Who will oversee my care while I am participating in the trial?	
<input type="checkbox"/> Will I be allowed to take my regular medications while participating in the trial?	
Clinical Trial Payment and Funding	
<input type="checkbox"/> Who will fund this study?	
<input type="checkbox"/> Do I have to pay for any of the treatments? What costs will my health insurance cover?	
<input type="checkbox"/> Most clinical trials are paid for by private industry or the federal government.	
<input type="checkbox"/> Typically, you will not be asked to pay for participation in a clinical trial.	
<input type="checkbox"/> You may receive compensation for clinical trial participation, e.g., for travel expenses.	
<input type="checkbox"/> Your health insurance may pay for 'standard of care' treatment costs.	
Be suspect if you are asked to pay to participate in a clinical trial.	

Question	Notes
<h3 data-bbox="154 184 477 222">Informed Consent</h3> <ul style="list-style-type: none"> <li data-bbox="154 247 773 317"><input type="checkbox"/> Informed consent is a process that helps protect participants. <li data-bbox="154 380 800 527"><input type="checkbox"/> Before joining a clinical trial, you will be told what to expect as a participant, and all the things that might happen. For example, the principal investigator will explain possible side effects or other risks. <li data-bbox="154 548 769 653"><input type="checkbox"/> By signing an Informed Consent Form (ICF), you show that you have been told all the details of the study. <li data-bbox="154 674 505 705"><input type="checkbox"/> The ICF is not a contract. <li data-bbox="154 768 777 842"><input type="checkbox"/> You can leave the clinical trial at any time and for any reason. 	<pre> graph TD A[Receive] --> B[Read and review] B --> C[Understand] C --> D[Ask] D --> E[Sign] </pre>

Clinical Trial Reminders

- Clinical trials are research studies performed in people to determine if a treatment is **safe** and **effective**.
- Participating in clinical trials may have risks, but it may also have benefits.
- When participating in a clinical trial, you may **not** be a part of the experimental group, and you may **not** receive the new treatment. This means that you might receive a placebo or standard of care treatment.
- A placebo is an **inactive** substance or other intervention that looks the same as, and is given the same way as, an active drug or treatment being tested.

Clinical Trial Information Sources

- Where do I find information about ongoing and upcoming clinical trials?
 - www.ClinicalTrials.gov
 - A service provided by the National Institutes of Health (NIH).
 - Provides patients, family members and members of the public easy and free access to information on clinical trials.
 - Includes federal and private studies nationwide.
 - Includes worldwide studies that have a presence in the United States.
 - Patient advocacy and support organizations such as NAAF
 - www.naaf.org/studies
 - NAAF posts some clinical trial announcements for studies seeking to recruit people with alopecia areata
 - The NAAF website also links to Clinical Trials.gov